

# REGISTRATION NOW OPEN FOR ALL TRACK & FIELD PROGRAMS



The Capital City Track & Field Club offers a wide range of Athletics programs for you to choose from for both indoor and outdoor seasons. Our club is the most successful club in the area and we welcome athletes of all abilities and interests.

- Excellent Coaching
- Access to the best facilities in the region
- Exciting Competition Schedules
- Programs Include the NEW Jr. Development Program (ages 10 - 12)
- Training groups for U16, U18, U20 as well as Senior/Open, Para Athletics and Masters

For more information on the Capital City Track Club and for registration information please visit:

[www.capitalcitytrackclub.ca](http://www.capitalcitytrackclub.ca)  
or use a QR Code Reader on  
your mobile device here:

