***Capital City Track Club – WAIVER, RELEASE AND INDEMNITY***

*Warning, by signing this form you relinquish your right to bring a court action to be compensated for any injury or loss to yourself as well as the right of your personal representative to claim compensation for your death.*

1. I, the Undersigned understand and acknowledge that I am aware of the risks associated with or related to any registration as a member, or on my infant child’s behalf, of the Capital City Track Club (including the risk of severe or fatal injury), such as injuries resulting from the physical activity of the sport itself including but not limited to neck and back strains, muscle pulls, tendon and ligament damage as well as other typical athletic injuries or more serious injuries. I voluntarily accept these physical risks.
2. I understand clearly that by signing this document, I , my successors, heirs, assigns or personal representative waive the right to sue or otherwise claim against Capital City Track Club or its employees, volunteers, officials, sponsors, directors, agents, coaches, instructors or independent contractors for any loss or damage connected with any property loss or personal injury that I , or my infant child sustains while participating in or preparing for any program or activity of the Capital City Track Club. I further understand clearly that I, my successors, heirs, assigns, and personal representatives, waive the right to sue or otherwise claim against Capital City Track Club or its employees, volunteers, officials, sponsors, coaches, agents, directors, instructors, or independent contractors if the loss or injury suffered results wholly or in part from the negligence of Capital City Track Club, its employees, volunteers, officials, sponsors, coaches, agents, directors, instructors, or independent contractors or from the negligence of any third party, including other participants in the programs.
3. I further agree to indemnify and save harmless Capital City Track Club, its employees, volunteers, officials, sponsors, coaches, agents, directors, instructors and/or independent contractors, from any and all actions, claims, demands, losses or suits of any nature resulting from and arising from my participation in any program in Capital City Track Club or my use of its facilities or from the participation of my child in any program in Capital City Track Club or from that child’s use of its facilities.

I acknowledge that I am the full age of 18 years and that I have read and fully understood this agreement prior to signature.

**IN WITNESS WHEREOF** I have executed this document at the City of Edmonton, in the Province of Alberta, this \_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, 20\_\_\_\_\_.

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Signature of athlete (or parent if athlete is under 18 years of age).

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Witness signature (must be 18 years of age).