

JANUARY 19, 2026

CAPITAL CITY

RUNDOWN



Message from the Board

Fundraising

Thanks to the incredible support we received at our Sherwood Park Track Classic meet last season, we were able to raise significant funds. These funds directly covered uniforms, essential equipment, and meet entry fees our athletes would otherwise have paid out of pocket. As we look ahead, continued fundraising remains vital to sustaining and expanding these opportunities for every athlete in our club. To build on last year's success, we're inviting our community to help shape what comes next. What creative or impactful fundraising ideas do you think could help us keep Capital City Track Club strong and ensure our athletes have everything they need to thrive? Send your thoughts to capcitytf@gmail.com.

Travel & Accommodation

As our club continues to grow and costs rise, we're making adjustments to ensure sustainability while still supporting our athletes. The club will continue to **cover all meet entry fees for athletes in Alberta as well as a number of preapproved meets outside the province. Starting this season, travel and accommodation costs will now be the responsibility of families.** We will continue to secure hotel blocks at discounted rates near meet venues. For athletes who qualify for Canadian National Championships and Legion Nationals, the club will continue to cover entry fees, travel, and accommodations. We appreciate your understanding as we work to balance financial responsibility with our commitment to athlete development.

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2026 Board Initiatives

In our November Welcome Letter, we introduced our new Board of Directors to the Capital City Track Club; voted in at the October 2025 AGM. Below are the initiatives that the board is prioritizing this season.

Complete:

- Bylaw review
- Policy review (available on website)
- Fixtures for 2026 (see link below)

In Progress:

- Website migration and update
- Documentation management
- Grant applications

Upcoming

- Travel coordination for away meets
- Planning and preparation for the 2026 Sherwood Park Track Classic
- Fundraising Initiatives

Volunteering

Cap City is fortunate to have access to practice at the Butterdome. We strive to foster a positive relationship with the UofA by providing volunteers at varsity meets. Please watch for and sign up for these positions!

Save the date for July 3-5 to ensure you can meet the mandatory volunteer commitments this year. Volunteering at our casino dates will also be required. We will share dates as soon as they have been scheduled.



Important Links

- [Capital City Training Calendar](#)
- [Capital City Meet Entry Forms](#)
- [List of Meets by Age Group](#)

Looking Forward

- Indoor Season is here! Upcoming Local Meets:
 - Golden Bears Open Jan 16-18
 - AB Indoor Games Jan 31-Feb 1
 - Pandas Open Feb 6-8
 - AB Indoor Championships Feb 28-Mar 1

Reminders:

- The club will register every athlete for club meets. All you need to do is fill out the entry form on the Cap City website after discussing your entry with your coach.
- Meet entry fees are covered by the club.
- Your Alberta Athletics Membership must be active and Cap City Fees paid in order to train and compete.